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December 2021



Welcome to Tennessee Heart Health Network!

We are a partnership committed to improving the health of Tennesseans with or at risk for cardiovascular disease. Tennessee is No. 3 in heart attacks and stroke, and we're here to change that. [Learn more](#) about the Tennessee Heart Health Network and how we can help you help your heart patients.

[Visit Our Website](#)

Our Network is Up and Running

The TN Heart Health Network is well underway. We have recruited 77 primary care practices and our first wave of 17 practices have started their work. Practice representatives have begun meeting in their learning collaboratives and are choosing from among the intervention options of health coaching, text messaging and pharmacist-physician collaboration. Some clinics have already begun implementing their favorite intervention toolkits. To learn more about these options, go to our [Toolkits](#) page.

[Check Out the Toolkits](#)



Dr. Tracey Doering, former Tennessee Chapter Governor for the American College of Physicians, discusses her experience treating heart patients in her Nashville practice. She serves as our Physician Champion for middle Tennessee. [Hear her story.](#)

Metrics for Success (Outcomes)

Measures	Specifications
1. Improved Blood Pressure Control	% of adults with hypertension and with controlled blood pressure (<140/90) in the last year (NQF 008, CMS eMeasure 165)
2. Increased Tobacco Cessation Counseling	% of adults screened for tobacco use in last two years AND who received cessation counseling if a tobacco user (NQF 0028, CMS eMeasure ID 138)

A major part of our project is collecting data to measure the effectiveness of our interventions and to help physician practices improve. Once data feeds are in place, participating practices will get quarterly feedback on these measures. All three of our intervention programs— health coaching, text messaging, and pharmacist-physician collaboration— are tools aimed at improving patient heart health by addressing two of the most potent cardiovascular disease risk factors: **hypertension** and **tobacco use**. We are collecting the data we need to track our progress in improving key heart health metrics across Tennessee. To find out more, visit [The Tennessee Population Health Data](#)

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Join Us!

Whether you are a physician, nurse, pharmacist, office manager, or other member of a primary care team, or a patient, caregiver, or other patient advocate, we welcome your involvement.

[Learn More](#)



Don't Miss Important News and Updates

Sign up to receive our newsletter. Each month we will have updates and new videos of patients and clinical caregivers telling their stories.

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UT HSC TENNESSEE POPULATION HEALTH CONSORTIUM

The Tennessee Heart Health Network is the signature initiative of the Tennessee Population Health Consortium.

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